

Earthy Cream of Mushroom



GLUTEN
FREE

We've come a long way from the modest farmers market where our jars of soup first found a place. Soup du Jar creates delectable artisan soups. We value natural ingredients, local BC produce and mountain water. It's about comfort and love, one ladle at a time.

Nutrition Facts Valeur nutritive

Per 250 mL / par 250 mL (1 cup/tasse)

Amount Teneur	% Daily Value % valeur quotidienne
Calories / Calories 95	
Fat / Lipides 6g	9%
Saturated / saturés 1.5 g	7%
+ Trans / trans 0 g	
Cholesterol / Cholestérol 8 mg	
Sodium / Sodium 105 mg	4%
Carbohydrate / Glucides 30 g	9%
Fibre / Fibres 5 g	20%
Sugars / Sucres 2 g	
Protein / Protéines 5 g	
Vitamin A / Vitamine	20 %
Vitamin C / Vitamine C	35 %
Calcium / Calcium	10%
Iron / Fer	5%

soupdular.ca

MADE WITH REAL FOOD. BY REAL PEOPLE.

Ingredients: Chicken Stock (water, organic chicken bones, carrot, celery, onion, leek, garlic, herbs, apple cider vinegar, sea salt & pepper), wild and cultivated mushrooms, celery, onion, cream, white wine, potato starch, and herbs.

Ingrédients: Stock de poulet (eau, carotte, céleri, oignon, poireau, ail, les herbes, vinaigre de cidre de pomme, sel de mer et poivre), champignons sauvages et cultivés, céleri, oignon, crème, vin blanc, purée de pomme de terre, les herbes.

Cooking instructions: Cut open the package, empty the contents into a pot, heat over medium-high heat, stirring frequently until hot. Or, Drop the unopened package into a pot of boiling water for ten minutes. Remove pouch, cut it and pour carefully into bowl.

Instructions de cuisson: Ouvrez le sachet, videz le contenu dans une casserole, chauffez à feu moyen-fort, en remuant fréquemment jusqu'à ce que la soupe soit au. Il suffit de déposer le paquet non ouvert dans une casserole d'eau bouillante pendant dix minutes. Retirez le sachet, couper et versez délicatement dans un bol.

real handcrafted soup: heat. eat. repeat.



KOOTENAY MADE

Keep frozen until cooked
Gardez congelé jusqu'à la cuisson



Manufactured in
Beautiful BC by:
Soup du Jar
New Denver, BC
VOG-150
CANADA



Soup du jar

EARTHY

GLUTEN FREE

Cream of Mushroom

Crème de champignons

comfort and love, one ladle at a time

real handcrafted soup. heat. eat. repeat.

650 ml KEEP FROZEN

