

Doukhor
Style
Borscht



GLUTEN
FREE
VEGETARIAN

We've come a long way from the modest farmers market where our jars of soup first found a place. Soup du Jar creates delectable artisan soups. We value natural ingredients, local BC produce and mountain water. It's about comfort and love, one ladle at a time.

Nutrition Facts Valeur nutritive

Per 250 mL / par 250 mL (1 cup/tasse)

Amount Teneur	% Daily Value % valeur quotidienne
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Calories / Calories 250	
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Fat / Lipides 8 g	12%
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Saturated / saturés 4.5 g	23%
+ Trans / trans 0 g	

Cholesterol / Cholestérol 25 mg	
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Sodium / Sodium 210 mg	9 %
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Carbohydrate / Glucides 40 g	13%
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Fibre / Fibres 5 g	20%
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Sugars / Sucres 8 g	
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Protein / Protéines 5 g	
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Vitamin A / Vitamine	40 %
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Vitamin C / Vitamine C	70 %
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Calcium / Calcium	8 %
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Iron / Fer	10%
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MADE WITH REAL FOOD. BY REAL PEOPLE.

Ingredients: water, potatoes, tomatoes, onions, cabbage, carrots, green peppers, beets, cream, butter, sea salt, black pepper, and dill.

Ingédients: eau, pommes de terre, tomates, oignons, chou, carotte, poivron vert, betterave, crème, beurre, sel de mer, poivre noir, aneth.

Cooking instructions: cut open package, empty contents into a pot, heat over medium-high heat, stirring frequently until hot... enjoy!

Instructions de cuisson: ouvrez le sachet, videz le contenu dans une casserole, chauffez à feu moyen-fort, en remuant fréquemment jusqu'à ce que la soupe soit.

real handcrafted soup: heat. eat. repeat.

Keep frozen until cooked
Gardez congelé jusqu'à la cuisson



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Manufactured in
Beautiful BC by:
Soup du Jar
New Denver, BC
VOG-150
CANADA

